



GO₂ Recognized Schools – Criteria

Your school may become a GO₂ Recognized School by meeting the following guidelines:

- Students in your school must receive a minimum of 30 minutes of Daily Physical Activity, as mandated by Alberta Learning.

In addition, your school must meet at least three of the following:

- 1) In addition, your school supports, encourages and regularly organizes safe physical activity opportunities such as:
 - Your school uses both instructional and non-instructional hours in a variety of environments (e.g. gymnasium, classroom, outdoors, etc.) to implement physical activity
 - Your school offers special events with physical activity opportunities throughout the year as a focal point (e.g. sports days, turn of the TV days, etc.)
 - Your school offers regular access to the gym during morning, noon or after school to students for physical activity
 - Your school offers intramural programs
 - When possible, your school strongly supports and regularly encourages students, parents and teachers to actively commute to school

Comments or testimonials

- 2) School staff is provided with opportunities to participate in physical activity before, during or after school.

Comments or testimonials

- 3) Your school provides and promotes the opportunity for students to involved in after-school programming with a physical activity component, such as:
 - Active after-school programs at the school
 - Active after-school programs in the community

Comments or testimonials

- 4) Your school currently participates in any other initiative that encourages physical activity, such as:
 - Terry Fox Day Run
 - How 2 Play
 - Schools Come Alive
 - Comprehensive School Health
 - Be Fit For Life
 - Summer Active
 - Winter Active
 - Jump Rope for Heart
 - Canada on the Move

- Go For Green
- SHAPE (Safe, Healthy, Active People Everywhere) – Walking School Bus
- Silken's Active Kid Movement
- SEEDS Foundation Green Schools - One Tonne Challenge
- Participation Nation
- Any other program that encourages physical activity.

Please state _____

5) Your school has recently received an award related to the support and promotion of physical activity in schools, such as:

- Recognition or award from CAPHERD (Canadian Association for Health, Physical Education, Recreation, and Dance)
- Everactive Schools

6) Your school supports and encourages staff development opportunities related to the support and promotion of physical activity in schools, such as:

- HPEC Conference
- Healthy Active Schools Symposium (HASS)
- Other _____

7) Your school celebrates the successes of students and staff that are physically active outside school hours.

Comments or testimonials

Why is the G02 initiative important to your school?

Describe one innovative way that you will incorporate G02 active living messaging into your school

As a GO₂ Recognized School, you will receive the following:

- GO₂ banner for your school
- GO₂ promotional material for students and staff
- GO₂ special events package (includes ideas for activity stations, prizes, balls and more)
- GO₂ messaging that can easily be inserted into school newsletters
- Access to resources and programs from GO₂ partners – after school programs, physical activity programs during school hours
- GO₂ sponsored resources/workshop/events for students and/or staff at your school
- Opportunity for your school to be showcased on the GO₂ website and in the monthly GO₂ newsletter

Please send completed form to Janice.Patterson@calgaryhealthregion.ca